



Cambridge  
House



4 September 2015

Week At A Glance

## From The Director



### Inside

#### News From Classrooms

An update from every teacher on what your children have learned over this week.

#### UOI: Fruits & Vegetables

A few tips on how to support your child discover the World through our UOI's.

Dear Parents,

Tomorrow is Teacher's Day, so I would like to take this opportunity to be grateful for our dedicated and committed team, who give their very best to motivate and inspire our children.

For parents, TLC Montessori Preschool is the best investment you have made – giving your children the precious gift of the perfect start...

Our children excel in many fields and the credit goes to you, parents and our teachers working as partners to develop each child's unique interests and talents.

Thank you TLC team, for making a difference to our children, the future of our country. Keep it up!

Kind Regards,

Usha Lamba  
Director

# News From Our Classrooms

An update from the  
teachers



## Explorers And Adventurers

From zoology to botany, September is all about Fruits and Vegetables. The children were introduced to many fruits with the help of colourful flashcards and rhymes. During Circle time, we talked all about how eating fruits are very important for our body. This month is also about STEAM September and the children were introduced to the 'Science' segment with the help of interesting experiments like making a volcano to color mixing to bubble blowing.

In the first week of September, the artwork for the class of Explorers and Adventurers included sticking, cotton dabbing, sand painting and making beautiful purple grapes out of bubble wrap. Where the Adventurers were concerned, they were involved in the brush and spoon painting. Thoroughly enjoyed by the class, artwork time is also when the concepts taught to the children over the week are re-inforced in fun ways.

In the area of Montessori, this week the children have been introduced to carrying a chowki in the correct way and have been practising transferring rice with a spoon from one bowl to another.

Special Thursday was Group Art and Craft this week and each environment had something unique to work on. From making a garden of green nutritious vegetables, to understanding and sticking different types of plants, the end result was beautiful, innovative and informative.

Funtastic Friday was 'Bring a Fruit Day' and the children brought their favourite fruit. From juicy pears to delicious apples to tangy oranges, it was a display of a lot of fruits and each child was happy to show their friends, the fruit that they had brought to school.

Next week we will be talking about the various vegetables available in the market and how each one provides our body with the essential nutrients needed to grow



into a healthy human being.

### Discoverers

Another exciting month is here where we will learn about flowers, vegetables and fruits.

We started our discussion this week with the importance of including fruit in our diet.

Different kinds of seeds were matched with their fruit. Artwork was done related to the topic. Songs were sung and worksheets were done.

**Montessori:** Transferring liquids with a sponge, transferring rice with a spoon and transferring water with a dropper were some of the activities that were presented.

As part of a 'FUN'TASTIC FRIDAY – A fruit was brought in to school and the teacher discussed each fruit with the children.

Group Art saw children excitedly put together a collage of fruits making a vivid and beautiful chart for the class.

We look forward to our Science Week at TLC – Where we will explore the fascination of mixing of colours and erupting of a volcano.

### Enquirers

After a long weekend break and festivals, the children were brimming with experiences to share about what they did in the course of the festivities, which was a super natural way to discuss the fruits, flowers and vegetables used for the occasion. Thus we started the new month with our UOI of the Plant Kingdom. Children shared with us their experiences where coconuts and plantain trees and leaves, a variety of

fruits and many colourful flowers were used for puja.

Art activities brought to life fruits and flowers with the use of vivid colours . Worksheets prompted them to dwell on the different colours of fruits, vegetables and flowers. We spoke of fruits that are seasonal, seedless and with seeds, big and small. Children were shown pictures of flowers that grow on land and in water. Using fruit and vegetables like cauliflower, ridgegourd, capsicum, carrots, ladies finger and apples, we did a group art activity to create a garden. Needless to say, that not only did the children enjoy the creative process, they were very enthused about the learning too.

In montessori we covered touch boards, touch fabrics and touch tablets in addition to baric tablets, sound boxes and stereognostic stents. During story time, we reintroduced the story of the Hungry Caterpillar and the fruits, vegetables and junk food he snacked on.

The highlight this week was the STEAM related activities, which we started with a dramatic experiment of a frothing and bubbling volcano erupting over the yawning mouth of our model mountain which had the children awestruck. Next came the study of oxygen which we demonstrated with the help of a lit candle being snuffed out once its source of air was cut off. Photosynthesis was also easily explained to the children with the help of coloured water diffusing a flower. Our first session with science was a great and enjoyable experience for the children.

## Rangers

After a very eventful month of learning about the Animal kingdom this week we are starting our inquiry into another very interesting topic the Plant Kingdom. After briefing the children on how plants have always played a great part in human life and possess nutrients which are most essential for every human body to survive, we zeroed in on discussing fruits by asking children to identify their favourite types of fruits, encouraging them to talk about what the word fruit means. They were also egged with questions, such as –When do you eat fruits? Why do you eat fruit? Are all fruits sweet? Are all fruits small? What does it mean when fruit is ‘in season?’ and so on. They were also shown pictures of summer fruits and winter fruits and were encouraged to solve worksheets on fruits, like matching the fruit picture to its word by recognizing the starting sound, counting the number of fruits, joining the number dots and sorting out a maze. Art activity comprised of colouring a fruit basket, Mosaic art of making a half-eaten apple and lemon wedge painting. Children enjoyed making a collage of different types of plants on special Thursday.

In Montessori children were introduced to the Addition Strip Board, Short Bead Stairs, Object with LMA Box 1 and Object with LMA Box 2 this week.

In keeping with our STEAM concept this week the children participated in science experiments like photosynthesis, solid turning into liquid with melting of ice, colour mixing with primary colours to get secondary colours, volcano demonstration, how magnets work and bubble blowing.

On Friday children turned up with their favourite fruit and they were encouraged to present their fruit during concept time. To summarize we have had a very eventful week and we keenly look forward to another exciting next week where we will be learning about vegetables and will be try our hand with a little bit of technology in keeping with our concept of STEAM.



# UOI: Fruits & Vegetables

We need food to live. Eating good food keeps us healthy and gives us energy to work and play. Vegetables and fruits are important for good health and contain vitamins.

Winter vegetables are cabbage, cauliflower, peas and carrot while in summer we get beans lady's finger and gourd. The winter fruits are orange, apple and strawberry while in summer we get mango, watermelon and litchi.

## Activities:

1. Parents are requested to make a big chart stick or draw pictures of fruits and vegetables. Ask your child to colour only the vegetables.
2. Let your child sort out vegetables & fruits from the fridge and put them in different containers.  
Learning Outcome- Knows how to differentiate fruits and vegetables.
3. **Artwork:** Help your child to cut lady's fingers into pieces. Let them dip it into containers of paint and dab on a piece of paper to make patterns. Similarly a potato can be cut in half. Let your child dip it in paint and press on paper to make patterns.



# Upcoming Events

Next week we have our technology segment of our STEAM September.

Special Thursday 10 September: Cooking UOI Fruits & Vegetables

Funtastic Friday 11 September: Bring a vegetable Day.



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This Newsletter is written and compiled by our Director and CEO, Usha Lamba. Please send your Feedback and comments to: [usha.tlc@gmail.com](mailto:usha.tlc@gmail.com)

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